



advocacy services
in staffordshire

Health Advocacy in Staffordshire



making advocacy a right not a privilege

About advocacy

Advocacy is when one person helps another to have their views, opinions and concerns heard by others.

Advocacy can help people to get information about the things that are important to them.

Advocacy is for people who find it difficult to get their opinions about themselves and their healthcare listened to.

What a health advocate can do

An advocate can inform you about your rights, your treatment and anything else about your care.

An advocate can help you to come to decisions about what you want to do.

An advocate can help you speak up about your healthcare and treatment.

An advocate can help you take part in meetings about your healthcare and treatment.




How health advocacy works

Advocacy is available for anyone with a long term health condition, a disability and/or mental health need in Staffordshire.




Health advocates are independent from the NHS.

Health advocates support people in Staffordshire to speak up about health issues.

A health advocate will:

-  help you find information about your health
-  support you to make your own choices
-  tell health professionals what you want

A health advocate will not:

-  advise or judge you in any way
-  tell you what you should or should not do
-  act as a doctor, carer, solicitor or friend

Contact

Our advocacy service is free.

You can contact asist or you can ask someone to contact asist for you by:



Stoke: 01782 845584

Stafford: 01785 246709



help@asist.co.uk

www.asist.co.uk



Asist

FREEPOST (ST2 030)

Stoke-on-Trent

ST4 2BR